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6 Minute English Shadowing Practice – Talk About Your Travel Experience | Slow English Podcast

Do you sometimes feel nervous when someone asks you,

“Tell me about your travel experience?”

Many English learners know some words and phrases, but they cannot describe their trips smoothly. Sometimes they stop, they translate in their head, and they lose confidence.

In this episode, we will practice together step by step. You will learn simple and natural sentences to talk about your travel experiences. You will also practice shadowing with me, so you can improve your fluency and speak with confidence.

Let us begin with the start of your trip.

You can start by describing your preparation and departure:

“I packed my bags the night before my trip.”

“I checked my passport and tickets.”

“I woke up early in the morning.”

“I left my house at 6 a.m.”

“I went to the airport by taxi.”

Repeat these sentences with me:

“I packed my bags the night before my trip.”

“I checked my passport and tickets.”

“I woke up early in the morning.”

“I left my house at 6 a.m.”

“I went to the airport by taxi.”

This is shadowing. Listen and repeat with me. It will help you speak faster and more naturally.

After arriving at the airport, you can describe what happened next:

“I checked in at the counter.”

“I waited at the gate.”

“I listened to the announcements.”

“I boarded the plane and found my seat.”

Let us repeat together:

“I checked in at the counter.”

“I waited at the gate.”

“I listened to the announcements.”

“I boarded the plane and found my seat.”

Notice how each sentence is short and easy to repeat. Shadowing like this trains your brain to speak English smoothly.

Now, we are ready to move to Part 2 – Main Events / Experiences, where we will describe the activities during your trip.

Now let us talk about the main events of your trip.

You can describe the places you visited:

“I visited the city museum.”

“I took photos of the beautiful buildings.”

“I walked around the old town.”

“I tried the local food at a small restaurant.”

Repeat these sentences with me:

“I visited the city museum.”

“I took photos of the beautiful buildings.”

“I walked around the old town.”

“I tried the local food at a small restaurant.”

This is shadowing. Keep repeating with me to speak naturally and confidently.

Next, you can talk about other activities:

“I went to the park and enjoyed the fresh air.”

“I met friendly people and talked to them.”

“I took a boat tour and saw the river.”

“I bought souvenirs for my family and friends.”

Let us repeat together:

“I went to the park and enjoyed the fresh air.”

“I met friendly people and talked to them.”

“I took a boat tour and saw the river.”

“I bought souvenirs for my family and friends.”

Remember to use these simple sentences to describe your experiences. Shadowing helps you practice pronunciation, fluency, and confidence.

After finishing the main activities, you can describe your meals or evening plans:

“I ate dinner at a local restaurant.”

“I tried the traditional dishes.”

“I walked along the streets at night.”

“I felt happy and relaxed after a long day.”

Let us repeat together:

“I ate dinner at a local restaurant.”

“I tried the traditional dishes.”

“I walked along the streets at night.”

“I felt happy and relaxed after a long day.”

Great! Now we are ready to move to Part 3 – Reflection / Feelings, where we describe how you felt during the trip and your personal experiences.

Now let us reflect on your travel experiences. This part is about your feelings and personal impressions.

You can start by talking about your excitement:

“I felt excited to see the city for the first time.”

“I was amazed by the tall buildings and beautiful streets.”

“I enjoyed every moment of walking around and exploring.”

Repeat after me:

“I felt excited to see the city for the first time.”

“I was amazed by the tall buildings and beautiful streets.”

“I enjoyed every moment of walking around and exploring.”

Next, you can describe surprising or unexpected moments:

“I was surprised by the friendly people I met.”

“I did not expect the food to be so delicious.”

“I discovered new places that I had never seen before.”

Let us repeat together:

“I was surprised by the friendly people I met.”

“I did not expect the food to be so delicious.”

“I discovered new places that I had never seen before.”

You can also describe how the trip made you feel personally:

“I felt relaxed and happy during the trip.”

“I felt curious and eager to learn more about the city.”

“I enjoyed the culture and traditions I experienced.”

Repeat with me:

“I felt relaxed and happy during the trip.”

“I felt curious and eager to learn more about the city.”

“I enjoyed the culture and traditions I experienced.”

Finally, you can summarize your feelings at the end of the day:

“I felt tired but very satisfied.”

“I was grateful for the beautiful memories I created.”

“I cannot wait to share my experience with my friends.”

Let us repeat together:

“I felt tired but very satisfied.”

“I was grateful for the beautiful memories I created.”

“I cannot wait to share my experience with my friends.”

Remember, practicing these sentences daily will help you talk about your travel experiences naturally. Shadowing will train your brain to speak English fluently and confidently.

Now let us talk about some tips to describe your travel experiences more naturally.

You can start with practicing every day:

“Try to describe your trip in English every day.”

“Talk about what you did, what you saw, and how you felt.”

“Use simple sentences and repeat them with a friend or a podcast.”

Repeat after me:

“Try to describe your trip in English every day.”

“Talk about what you did, what you saw, and how you felt.”

“Use simple sentences and repeat them with a friend or a podcast.”

Next, focus on using your senses to make your descriptions more vivid:

“I saw amazing buildings and colorful streets.”

“I smelled the delicious food at the market.”

“I heard the sounds of music and laughter everywhere.”

Let us repeat together:

“I saw amazing buildings and colorful streets.”

“I smelled the delicious food at the market.”

“I heard the sounds of music and laughter everywhere.”

Finally, remember to keep it simple and consistent:

“Speak slowly and clearly.”

“Shadow sentences to improve fluency.”

“Do not worry about mistakes; practice is more important.”

Repeat with me:

“Speak slowly and clearly.”

“Shadow sentences to improve fluency.”

“Do not worry about mistakes; practice is more important.”

Great job, my friend! You have just practiced useful sentences to talk about your travel experiences.

Shadowing these sentences every day will help you speak naturally and confidently.

Do not forget, you can find free practice exercises and audio on [Speakdom.com](https://www.speakdom.com) to continue your learning.

Thank you for listening! Keep practicing, keep shadowing, and I will see you in the next episode.